

Salmon life cycle

Pacific salmon are born in freshwater, migrate out to sea for their adult lives and return to the same river where they were born to reproduce and die. **Tally how many salmon, both alive and dead, you see.**

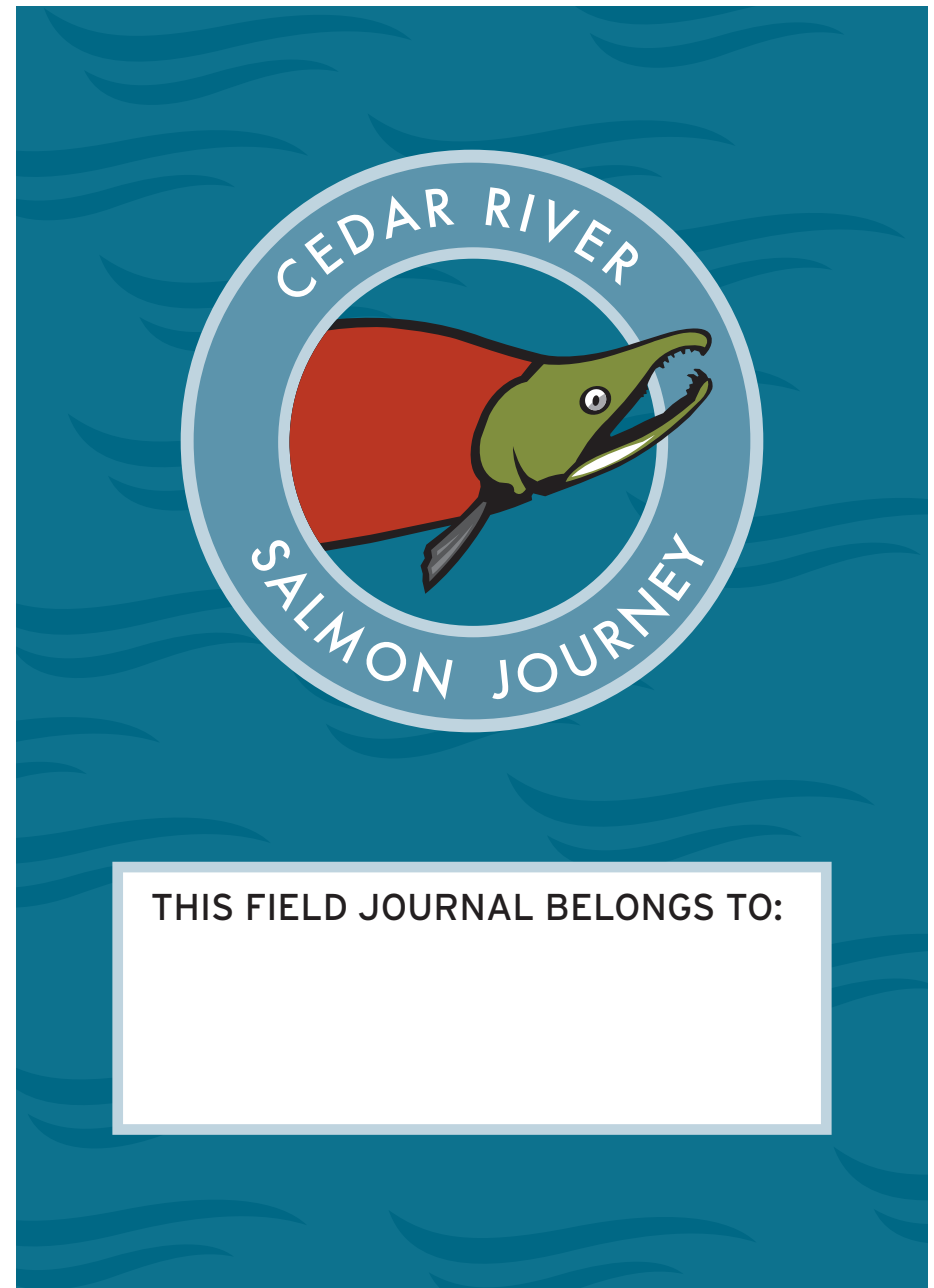
Fun fact: Salmon carcasses are food for nearby plants and the bugs that young salmon will eat.

Live Salmon:	Dead Salmon:

Stewardship

A salmon steward is someone who cares about salmon and tries to help them. One way we can help is to make sure that salmon have healthy habitat. By taking care of the Cedar River and the land around the river, we can all be salmon stewards. **List one thing you will do to help salmon. Let your family, friends and neighbors know they can help salmon too!**

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Directions:

Use this journal to record your field observations about salmon, the Cedar River and the plants and animals you see as you look for salmon.

Share your observations by taking a picture of your journal and posting it to Instagram using **#cedarriversalmon**.

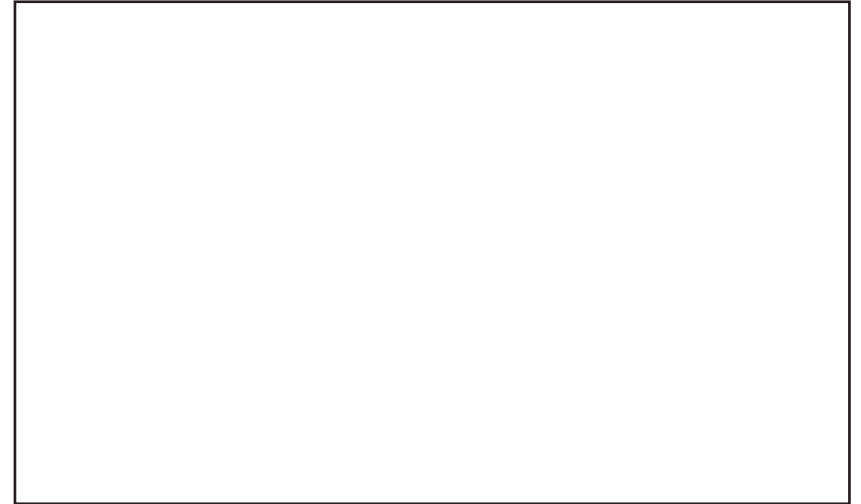
SeattleAquarium.org/salmon-journey

(206) 792-5851

Habitat

Habitat is the place where a plant or animal lives and grows.

What do you notice that makes the Cedar River a healthy home for salmon? Write down or draw pictures of your observations.



Salmon of the Cedar River

Chinook, coho and sockeye return to the Cedar River every fall to spawn.

Draw a picture of a salmon. Can you guess what kind you saw today?

***Hint:** If it looks like the salmon on the cover, it's a sockeye!*

